

# Overnight Summer Camp Packing List



**Please be sure to have completed all online forms**, including the camper health history form, in your camper's [online account](#) prior to arrival. Campers will not be permitted to stay without a completed health form and [medication addendum](#).

In addition to including these details on the health form, **please contact our office directly to discuss severe food allergies, special diets (e.g. gluten free), and other dietary and behavioral accommodations**, via our website by [submitting this form](#). By letting us know a few weeks in advance (at minimum), we can help to make sure your camper has a safe and welcoming experience at camp!

**What to bring...** This is camp - please bring old clothes! Be sure to label everything and check your camper's belongings when you pick them up. All forgotten items are given to charity each week. Please bring your belongings in a duffel bag, if possible. The floor space is limited and duffel bags fit nicely under a bunk bed! It's also helpful to pack toiletries in a Ziploc or toiletries bag since most campers will be sleeping in cabins with a separate wash house building.

Twin Sheets / Blanket or Sleeping Bag	T-shirts	Toothbrush/Toothpaste
Pillow/Pillowcases	Shorts	Shampoo/Soap
Towels (shower and beach)	Laundry Bag	Hairbrush/Comb
Sweatshirt/Long-sleeve shirt	Jeans/Long pants	Camera (optional)
Bug Repellent (non-aerosol)	Bible	Socks & Underwear
Galilean service offering (optional \$1-\$5)	Bandana/Hat	Sunscreen (at least SPF 15)
Flashlight	Athletic Shoes	Raincoat/Sturdy Poncho
Flip Flops	Water Shoes	Swimsuit (or two)
Quiet time items (book, journal, coloring)	Backpack	Water Bottle

**We ask that all staff and campers dress practically for camp**, meaning clothing that allows them to be comfortable and covered while being very active outdoors. **For this purpose, we enforce a dress code that includes the following tenets:** Campers should pack clothing that fully covers all private areas and all undergarments (underwear, bras/bra straps) at all times. Campers should wear breathing suits that are secure and comfortable for active aquatic programming. **We ask that boys wear trunk-style bathing suits and girls wear one-piece or tankini style bathing suits.** *Everyone* is encouraged to consider "rash guards" or "swim tees" as ways to help prevent sunburn and skin damage from UV exposure. Shorts, a t-shirt and a hat with a brim is an excellent everyday outfit!

Guidelines for clothing to leave at home: strapless or one-strap tops, boys' speedo-style and girls' bikini/cut-out/strapless swimsuits, sheer/mesh clothing, "short-shorts" that would be uncomfortable for sitting on rough surfaces or wearing a challenge course climbing harness, and clothing with images or messages that are inappropriate for a safe and welcoming Christian youth environment.

**Please do NOT bring...** electronics such as iPods, e-readers, smart phones/watches, cell phones, radios, TVs, or video games; aerosol spray cans, weapons/firearms, pocket knives, pets or animals, illegal substances, personal sports equipment or valuables. Such items may interfere with the program and are subject to confiscation.

**Food is not allowed to be stored in cabins** due to the potential risk of insect/animal problems. Please do not pack candy, gum, or other foodstuff. Snacks are provided for campers everyday.

*Continued on next page...*

## **Program-Specific Recommendations:**

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**Late Night with Jesus Program...** Please bring a white t-shirt for tie-dying.

**Leaps of Faith Program...** Please bring a sleeping bag. While these campers stay in a cabin most nights, they also enjoy one night of sleeping out under the stars! Also be sure to pack a few pairs of shorts/pants that will be long enough to allow for comfortably wearing a climbing harness several days during the week.

**That's Not Camp Program...** You should leave all video games and gaming apparatus at home (consoles, handhelds, laptops, tablets, etc). Gaming cards (Pokemon, Yu-Gi-Oh!, Magic the Gathering, etc) can be a fun addition, but please recognize that all personal items are the camper's responsibility, and camp can be a rough place for cards - think of how big camp is and all of the aquatic activities!

**For All Programs...** Please do bring a smile, and a willingness to have fun! We'll see you soon!